



Practical information

11.09. - 14.09.2023

ACT LOCALLY, CHANGE GLOBALLY:
SOCIAL ENTERPRISES AND
COOPERATIVES FOR MORE RESILIENT
ECONOMIES AND SOCIETIES

**9th EMES International Research Conference
on Social Enterprise and Cooperatives**

Frankfurt University of Applied Sciences,
Frankfurt/Main, Germany



EMES events

Practical information

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9th EMES International Research Conference on Social Enterprise

Practical information

GUIDE

FOR OUR INTERNATIONAL GUESTS

September 11-14, 2023

Frankfurt University of Applied Sciences, Frankfurt (Germany)

I. STAYING IN FRANKFURT

Frankfurt is best known as Europe's banking centre and the seat of the European Central Bank and of course, the Euro. Beyond its appeal as a business hub, Frankfurt still shows remnants of its industrial past and is so much more in terms of culture and ecology. Set on the River Main, Frankfurt offers natural beauty along the waterway and stunning views at any time of the year. In the warmer months, boating, jogging and just walks along the banks and riverside gardens make for a wonderful afternoon. The term "New Frankfurt Old Town" is not a semantic mistake, but the local name for a major urban development project also called the Dom-Römer

Project. Between 2012 and 2018 the project redesigned and developed a 7,000 square meter plot of land in the historic centre between the old [Römer](#), Frankfurt's town hall, the [cathedral](#) and [St. Paul's Church](#). While these three landmarks in parts survived WW 2 bombing, most other buildings in the town-centre were destroyed. Civic engagement - so typical for this city - was decisive in leading to the overall decision to go for a historical appeal but not a complete replicate. Eventually the 35 designs of the new buildings were chosen in 2010-11 in several architectural competitions with more than 170 participants.

Probably less know, but much appreciated by its inhabitants Frankfurt is also home to one of the world's largest urban forests, and the larg-



the largest inner-city forest in Germany: the **Stadtwald** or ‘city forest’. Also Frankfurt’s position on the Main River, not far from the Main’s confluence with the Rhine, made the city an important trading post and by the 12th century, the **Frankfurt Fair** attracted traders from the Mediterranean to the Baltic. By 1356 it was the official site for the coronation of German kings and emperors; the last German emperor was crowned there in 1792. With a loss of status, and no longer seen as a centre for military defence, Frankfurt lost any need for fortifications. In 1804 work began to demolish them and transform the resulting empty land into a half moon-like ring around the inner city, both ends meeting the river Main, which was turned into lush parkland for the city’s inhabitants. Thanks to the Green Space Office Frankfurt am Main, flower and grass meadows have been planted on verges and traffic islands to combat insect poverty, attracting bees, butterflies and other insects. **Bienenretter** which began as a non-profit educational project to rescue the dying bee industry in town and won multiple sustainability awards, some years back developed into a social enterprise **Bienenretter Manufaktur**, which sells bee-friendly seed mixtures that encourage biological diversity. With its motto of “not only talking, but also acting” it has since enticed more than 100 new bee-holders to care for hives in the city, some of them in rather unexpected places. For instance, several bee hives found their home in the church tower of **Wartburggemeinde** near FRA-UAS and guests at the Jumeirah Frankfurt hotel can enjoy homemade honey from the 60,000 busy bees on the hotel’s rooftop. Meanwhile, a new Museum of Bees opened at the Museum Angewandte Kunst (**Museum of Applied Art**) in September 2019. In the museum’s gardens, visitors can admire and learn about the ten bee colonies installed there which roam freely through the artist-designed exhibition spaces focussed on social and ecological themes.

Urban gardeners help bees too. The Neuer Frankfurter Garten (**New Frankfurt Garden**) aims to protect natural habitats in urban areas and promotes neighbourly interaction, selfsufficiency, climate protection and bee protection, as well as offering educational workshops and guided tours.

There’s also support for socially and environmentally responsible lifestyles. **Lust auf besser Leben** (‘desire for a better life’) is a non-profit company that wants to make the global sustainability targets an everyday reality by 2030. It promotes local, sustainable action in business and society, through a web guide for sustainable living and shopping, campaigns in the areas of neighbourhood and regional development, and by developing projects on topics such as inclusion, cli-



mate protection, 'plastic-free' and 'Good Growth', building a consulting and education portfolio with a special focus on participatory processes.

Frankfurt's [weekly markets](#), such as fruit and vegetables, dairy products, vegan products, juices, wine, beer, meat, poultry, bread and almost 200 types of cheese, several food related social enterprises were started in Frankfurt such as [Querbeet](#) or [Die Kooperative](#).



The [Shoutoutloud](#) initiative also promotes local sustainability through small projects in the hope that the commitment will have long-term effects on society, the economy, politics and the fundamental issues facing the wider world. Their vision is a world in which we fundamentally change how we use our available resources and begin to use them in a socially inclusive and ecologically sustainable way. Their particular focus is on food waste and resource waste via their projects No Food for the Bin and No Plastic for the Bin. They also work to help refugees to settle into society and find their feet more quickly through their social contact programme, Get Together. Frankfurt also has a [Transition Town Group](#).

Also Frankfurt has been the mother town of several dozen WISEs, the best known of which might be the [Dialogue Social Enterprise](#) with its Dialog-Museum gGmbH, the [Struwelpeter Museum](#), [Cook Company gGmbH Frankfurt](#), [Haus der Volksarbeit - Volksküche gGmbH](#), [Berami](#) and others. Many economically very successful WISEs have enterprises in Frankfurt such as e.g. [Einzigware](#) (cari-team), the [Villa Leonhardi im Palmengarten](#), [Auticon GmbH](#), [Hofmannshöfe - kombinat gGmbH](#), and many others.

As for accommodation in Frankfurt, you can stay in hotels or select other private accommodation alternatives. Some special room rates have been negotiated for Conference participants at the following hotels below.

II. ACCOMMODATION

Option with negotiated rates We have negotiated special rates with several hotels in the area if booked before (please check the document called “[9EMESconf Hotel Special Rates](#)” with booking deadlines). To make a reservation at the best rate make sure to book as soon as you register for the Conference. When making the reservation, please mention that you will be attending the 9th EMES International Research Conference on Social Enterprise.

Other hotel options We have prepared the list of other hotel located close to the Frankfurt University of Applied Sciences. Also, **please keep in mind that being committed to reducing our carbon footprint, we encourage the use of public transport whenever possible.** That is why we added the special line for public transport and distance to the University.

Mainhaus Stadthotel	Lange Straße 26 60311 Frankfurt am Main	ca 15min S8 - Tram 18 or Bus 30	http://mainhaus-frankfurt.de/
Hotel Cult	Offenbacher Landstraße 56 60599 Frankfurt am Main	ca 17min Tram 18	https://www.hotelcult.de/
Arena Villa am Wasserpark	Friedberger Landstraße 285 60389 Frankfurt am Main	ca 2min Tram 18 or bus 30	https://villa-am-wasserpark.com/
Expo Hotel	Große Friedberger Str. 14 60313 Frankfurt am Main	ca 5min Tram 18 or Bus 30	http://www.expo-hotel.de/
Villa Orange	Poststrasse 10-12 60329 Frankfurt am Main	ca 10min Tram 18	http://www.villa-orange.de/
Hotel Hamburger Hof	Poststrasse 10-12 60329 Frankfurt am Main	ca 17min U4 or U5 - Tram 18 or Bus 30	http://hamburgerhof.com/
Hotel Cristall	Ottostr 3 60329 Frankfurt am Main	ca 17min U4 or U5 - Tram 18 or Bus 30	http://www.hotelcristall.com/
Hotel Scala	Schäfergasse 31 60314 Frankfurt am Main	ca 11min Tram 18	http://hotelscala.de/
Motel Frankfurt	Eschersheimer Landstr. 204 60320 Frankfurt am Main	ca 12min Bus 32	https://motel.advenahotels.com/
City Hotel Mercator	Mercatorstraße 38 60316 Frankfurt am Main	ca min 8 Tram 18 or 12	http://www.cityhotelfrankfurt.de/mercator/en/reservation
Best Western Premier IB Hotel Friedberger Warte	Homburger Landstraße 4 60389 Frankfurt am Main	ca 8 min Tram 18	https://www.bestwestern.com/
Hotel NH Collection Frankfurt City	Vilbeler Str. 2 60313 Frankfurt am Main	ca 16 min Tram 18 or Bus 30	https://www.nhhotels.com/hotel/nh-collectionfrankfurt-city
Paulaner am Dom Hotel	Domplatz 6 60311 Frankfurt am Main	ca 16 min Tram 18 or Bus 30	http://www.paulaner-am-domhotel.com
Motel One FrankfurtRömer	Berliner Str. 55 60313 Frankfurt am Main	ca 18 min Tram 12	https://www.motelone.com/de/hotels/frankfurt/hotel-frankfurt-roemer/
a&o Hostel & Hotel Frankfurt	Hanauer Landstr. 207 60314 Frankfurt am Main	ca 30 min Tram 11, Tram 18	https://www.aohostels.com/de/frankfurt/frankfurt-ostend/
City Hotel Bad Vilbel	Alte Frankfurter Straße 13 61118 Bad Vilbel	ca 15 min Bus 30	https://cityhotel-badvilbel.de/
Hotel Maingau	Schifferstraße 38-40 60594 Frankfurt am Main	ca 20 min Bus 30	https://www.maingau.de/de/

Alternatively, other hotels, hostels or bed & breakfasts are available in Frankfurt. The information can be found on <https://www.hrs.com/en/hotel/frankfurt-am-main/d-91191>.

Please note that they go very fast so you are encouraged to make your reservations as soon as possible.

III. TRANSPORTATION

Despite the international nature of its mission, EMES is committed to reducing the carbon footprint and the waste generated by its events. This is why we advocate the use of transportation other than airplane and promote non-plastic policy and reuse. In this context, we provide estimations of train travel time from the main European capitals so you can reach Frankfurt in the least harmful way possible for the climate. In addition, we suggest checking [the carbon calculator fact sheets](#), created by ELIA and aimed at networks, organisations, and professionals to help achieving environmental sustainability.

The local organizers will provide a ticket for local transport during your stay in Frankfurt. Please, when registering, request a transportation ticket.

BY TRAIN

From main European capitals to Frankfurt Central Station

Barcelona-Frankfurt (1,329.3 km, approximately 15 hours 23 minutes)

London-Frankfurt (638 km, approximately 9 hr 25 min)

Milan-Frankfurt (517 km, approximately 7 hr 52 min)

Paris-Frankfurt (477 km, approximately 4 hr and 13 min)

Brussels-Frankfurt (397, 7 km, approximately 4hr)



Arriving by train From central station to Frankfurt UAS

Take any S-Bahn line, except for S7, to Konstablerwache. Change to bus line 30 (northbound: direction "Bad Vilbel/Unfallklinik"), or to tram line 18 ("Straßenbahn 18") northbound, direction "Preungesheim/Gravensteiner Platz" and exit at stop "Nibelungenplatz/FH".

→ for Villa am Wasserpark exit at stop "Wasserpark"

→ for City Hotel Mercator exit at stop "Friedberger Platz"

From "Lokalbahnhof" or "Konstablerwache" station to Frankfurt UAS

Take the tram line 18 ("Straßenbahn 18") northbound, direction "Preungesheim/Gravensteiner Platz". Exit at "Nibelungenplatz/FH".

BY PLANE

From airport to Frankfurt UAS

Go to Airport Regional Train Station; take S-Bahn lines S8 or S9 to "Konstablerwache". Change to bus line 30 (northbound: direction "Bad Vilbel/Unfallklinik"), or to tram line 18 ("Straßenbahn 18") northbound, direction "Preungesheim/Gravensteiner Platz" and exit at stop "Nibelungenplatz/FH".

→ For Villa am Wasserpark exit at stop "Wasserpark"

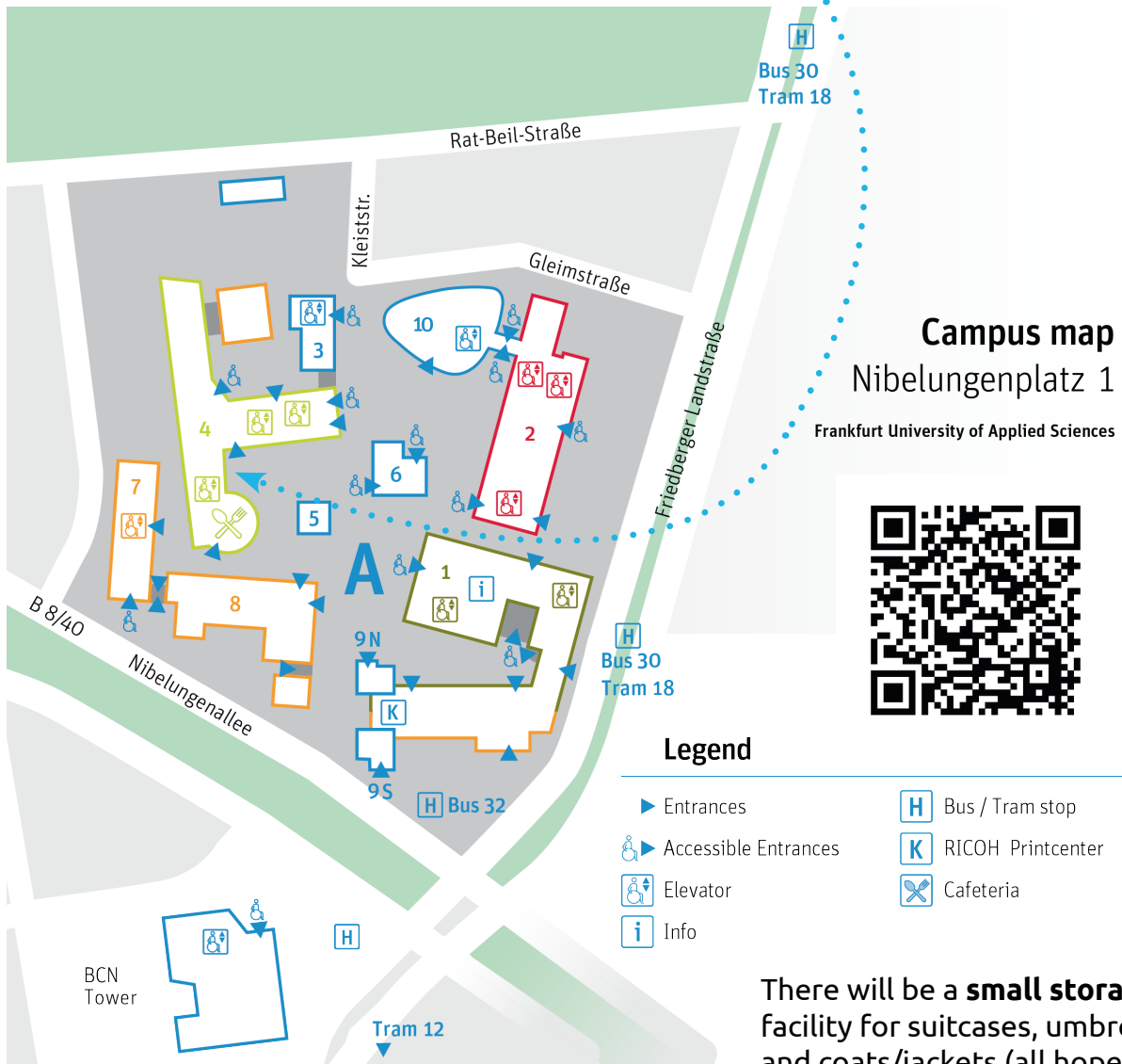
→ For City Hotel Mercator exit at stop "Friedberger Platz"

IV. MAPS

Discover the city on maps by following the link:
<https://geoportal.frankfurt.de/karte/?lng=en>

The **Conference** will be held in Frankfurt University of Applied Sciences.
Address: Nibelungenpl. 1, 60318 Frankfurt am Main, Germany.

All workshops, plenaries and sessions including tea breaks and lunches for the whole conference are located in the same building: **Building 4**.



V. RESTAURANT & BARS

This city is known as having some artistic charm, with fantastic restaurants and a rich nightlife. “New Old Town Centre” is full of restaurants and pubs. So, we have prepared a list of Restaurants & Bars worth visiting.

Al Terrazino	One of the best pizzerias in Frankfurt	Station: Nibelungenplatz/ FH
Apfelwein Wagner	Typical Frankfurter food and drinks	Station: Schwanthalerstraße
“Alt-Sachs” Sachsenhausen	Many typical “Ebbelwoi” bars	Stations: Frankensteinerplatz or Lokalbahnhof or Affentorplatz
ConditCouture	Confectionery, „Bethmännchen“ the original speciality of Frankfurt am Main	Station: Dom/ Römer or Römer/ Paulskirche
Die Rote Bar	Cocktail bar	Address: Mainkai 7
El Pacifico	Mexican Food	Station: Merianplatz
Gasthaus Zur Sonne	traditional restaurant with beautiful garden	Station: Bornheim Mitte + 700m to walk
Metropol am Dom	Resembling an intellectual meeting place from the 70's	Stations: Dom/Römer or Römer/ Paulskirche
Savory	Vegan food	Station: Rödelheim Bahnhof or Radilostraße

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VI. CULTURE AND TOURISM

Frankfurt is one of the leading cultural locations in Europe. The wide variety of culture and the arts on show on both sides of the River Main attracts visitors from far and wide. Thanks to this diversity, the museum embankment has gained a superb reputation all across the globe. We have prepared a several must visit attractions while in Frankfurt. Enjoy!

Kaiserdom	Officially Cathedral of Saint Bartholomew, a Roman Catholic Gothic church located in the centre of Frankfurt am Main	Station: Dom/ Römer or Römer/ Paulskirch
Main-Tower	56-storey, 656 ft skyscraper	Station: Taunusanlage or Hauptwache or Willy-Brandt-Platz
Oper Frankfurt	One of the leading opera houses in Europe, voted best “Opera house of the year” several times since 2003	Station: Willy Brandt Platz
Palmengarten	Botanical garden	Station: Grüneburgweg
Römerberg/ Paulskirche	A church with important political symbolism in Germany	Station: Römer/ Paulskirche
Museumsufer	Large concentration of museums	Station: Willy Brandt Platz

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Organisers



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