## <u>Infectious diseases in</u> Luxembourg Prisons

Vic Arendt, M.D. Service National de Maladies Infectieuses, CHL Jeanny Meyers Valérie Klein Service Médical, CPL Schrassig Carole Devaux Aurélie Fischer Luxembourg Institute of Health

### Comatep

- Consultation de Maladies Transmissibles en Prison
- Nurse practitioner coordinated Clinic for infectious diseases in prison
- High number of inmates due to drug-related offenses
- High prevalence of hiv, viral hepatitis and other infectious complications related to illicit drug use
- Required a standardised approach

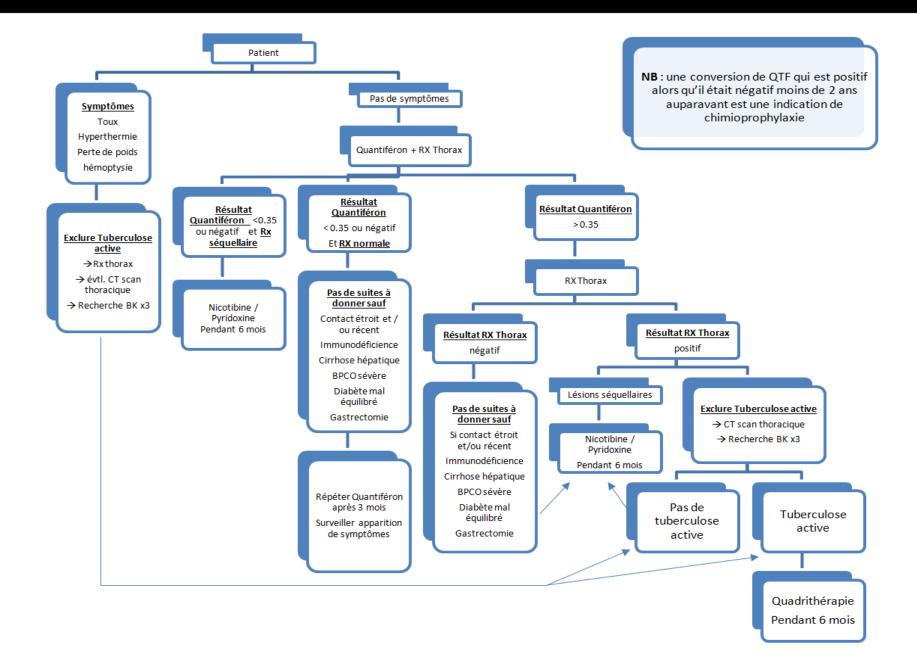
### Work of the nurse in charge of

### infectious diseases

- Verification if every admission got his blood test
- Registration for medical consultation if the blood test is positive
- Organization of the consultations of the ID physician
- Preparation of requests for laboratory analysis and ultrasounds
- Realisation of Fibroscans and questionnaire for the hepatitis C study in prison
- Nurse consultation
- Organization of specific apointments from: f. ex. HIV-Beroodung, ...
- Preparation of the release: medical reports, medication, ...

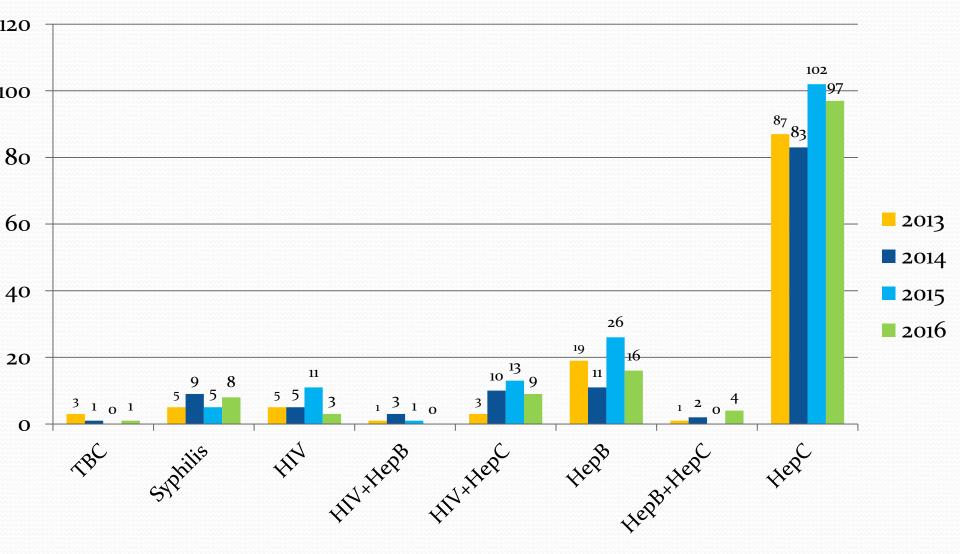


- During the first days every inmate will be proposed a blood test
- Compliance rate: >95 %
  - Hepatitis A,B,C
  - HIV
  - Syphilis
  - TBC / QTF
- Results are given to the inmates by the doctor
- Vaccination against hepatitis A & B are proposed
- Monitoring in case of an infectious disease



#### Statistics of screening outcomes

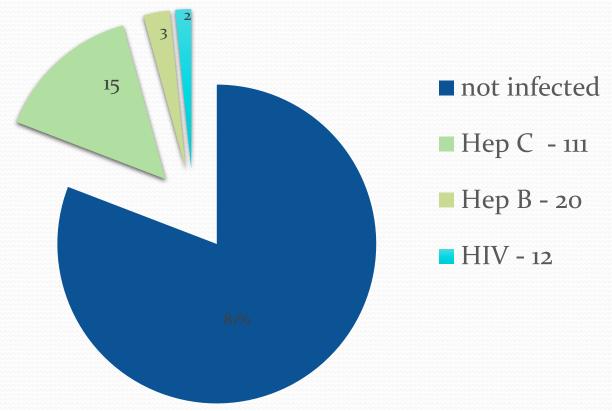
### 2013-2016



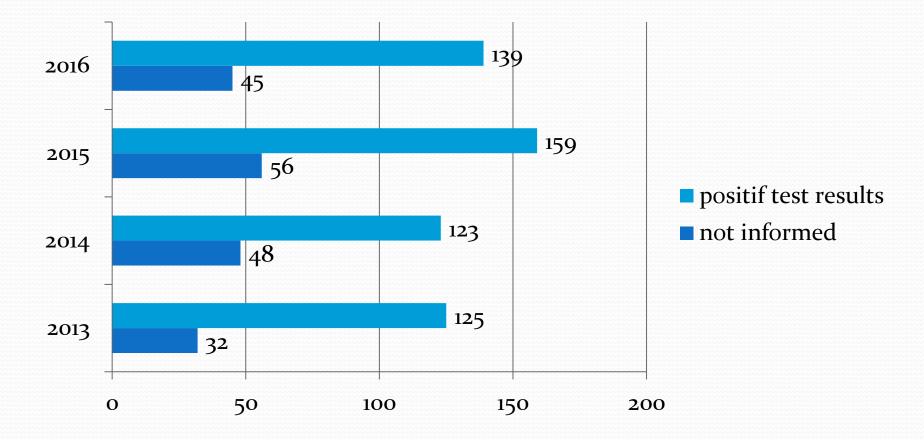
### Blood test results 2016

#### (HCV 15%; HBV 3%, HCV 2%)

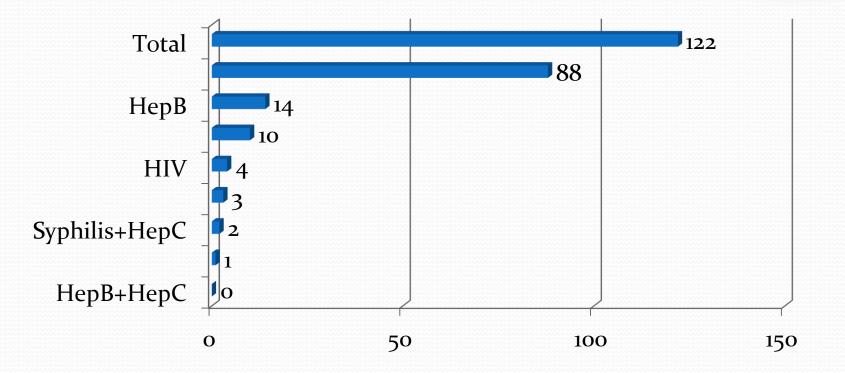
### Total input serology - 748



# Rate of people who are not aware of their infection



### 27.05.2017 CPL 637/CPG 78 Total 715





### Treatments : 2011-2017

Year	Hep.C	Hep.B	HIV	Syphilis	TBC	TBC CP
2011	16	2	3	3	2	46
2012	14	1	4	3	3	20
2013	13	2	3	1	3	24
2014	12	4	7	4	1	5
2015	11	3	11	3	0	7
2016	23	2	9	5	1	4
05/2017	9	2	8	1	0	1

### Hepatitis C treatment results

	TOTA L	GT1	GT3	GT4	SVR	NVR	REC	LTF U	REF
2011	16	6	10	0	10	1	1	4	5
2012	23	15	8	0	15	2	2	4	6
2013	13	7	6	0	9	0	0	4	6
2014	12	4	5	1	6	0	2	4	1
2015	10	17	3	0	4	0	0	6	0
2016	23	13	9	1					

# Rate of medical consultation and particular exams

Year	Medical consultati on	patients	Echo abdo	Fibroscan
2013	31	457	194	171
2014	26	346	141	198
2015	24	364	120	202
2016	26	328	86	182

### Vaccinations 2013-2016

	Engerix	Twinrix	Epaxal	Boostrix	Pneumo 23 Prevenar	Total par an
2013	362	186	72	113	4	737
2014	318	193	56	135	3	705
2015	290	168	49	128	23	658
2016	311	153	47	162	6	679



### HIGH RECURRENCE RATE OF HEPATITIS C INFECTION AFTER TREATMENT IN PRISON INMATES IN LUXEMBOURG

Carole Devaux, Aurélie Fischer

Infectious Diseases Research Unit

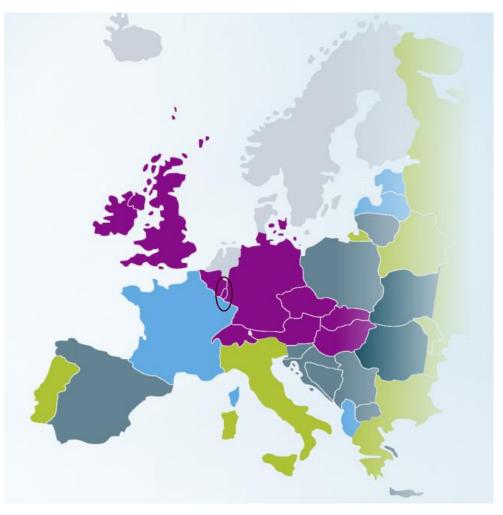
Department of Infection and immunity

Vic Arendt, SNMI, CHL

### Estimated prevalence of hepatitis C in Europe



Luxembourg: 1% 3500-4000 HCV+ patients Saraswat V. et al. J Viral Hepat. 2015



Esteban J, et al. Journal of Hepatology 2008;48:148-162

#### http://polarisobservatory.org

### Seroprevalence for blood-borne viruses in IDUs in 2006 and 2016 in Luxembourg

#### 2006:

		OTC N/Ntotal	ITC N/Ntotal	PC N/Ntotal	ID Us N/Ntotal	nIDUs % N/Ntotal
	Active HBV	1.5	0	7.0	3.9	0
	(HBs ag+)	2/130	0/54	8/115	10/254	0/45
HBV	Cured HBV	13.1	14.8	23.5	19.3	6.7
(cured or active infection)	(HBs ab+, HBc ab+)	17/130	8/54	27/115	49/254	3/45
	Total HBVab *	22.3 29/130	16.7 9/54	34.8 40/115	29.1 74/254	8.9 4/45
HBV vaccination (HBs ab+)		39.2	57.4	45.2	46.1	37.8
		51/130	31/54	52/115	117/254	17/45
HBV seropositiv	ity (all types)	61.5 80/130	74.1 40/54	80.0 92/115	75.2 191/254	46.7 21/45
HCV (Elisa -		57.3	75.4	86.3	81.3	19.1
HCV		75/131	46/61	107/124	218/268	9/47
HAV ()		54.7	57.1	68.3	57.1	65.9
HAV		70/128	24/42	41/60	108/189	27/41
HIV		1.5	0	7.7	2.5	4.8
HIV		2/130	0/49	5/65	5/202	2/42

\*Including 18 cases with HBc antibody only.

**2016:** 73.5 % of HCV Ab + (175/238 IDUs) and 9.2 % infected with HIV (22/238 IDU) at the national drug consumption room.



# IDU is the main transmission risk factor in the general population and in prison

Risk factor	Overall	CPL	General
n (%)	437 (100)	104 (23.8)	333 (76.2)
IVDU	312 (71.4)	98 (94.2)	214 (64.3)
Medical-related	77 (17.6)	4 (3.8)	73 (21.9)
Sexual	35 (8)	0	35 (10.5)
Other	13 (3)	2 (2)	11 (3.3)

Roman F et al, World Journal of Gastroenterology 2007

**2012:** 2500 active IDU were estimated in Luxembourg, corresponding to 43.75% of the global HCV population (Hatzakis A. et al, J Viral Hepat. 2015)

**2016:** between 3.063 et 3.585 IDU were registered in 2 different harm reduction programs (duplicates, RELIS report 2016).



Challenges and opportunities in treating hepatitis C patients in prison

- ✓ Substance misuse is common and ongoing in prison
  - Needle exchange program effective in prison to avoid new infections (1612 syringes in 2016)
  - Opioid substitution therapy effective in prison (205 inmates in 2016)
  - A relapse of IDU is not a reason to stop HCV treatment
  - Alcool dependance is stopped in prison
- Mental health issues common among HCV+ prison inmates: personality disorders, depression, psychosis
  - Systematic psychiatric evaluation is the rule (Interferon therapy), however rarely contraindication for treatment
  - Need for psychologic follow-up during treatment.



### Monitoring hepatitis C patients in prison

- ✓ Access to diagnostic workup:
  - Screening is proposed on admission: >95% accept
  - Viral load, HCV genotype (difficulties of venous access)
  - Abdominal ultrasound performed in prison by a radiologist (1x/month)
  - Fibrosis staging: Fibroscan done by nurses and physicians
- ✓ Specialist consultation:
  - ID physician: 2-3x/month in the prison, sees all HCV+ patients annually (if VL undetectable) or biannually (VL detectable) or monthly (if under treatment)
  - Dedicated nurses (transmissible diseases): 2 nurses take part in the follow-up of HCV patients, supervision of treatment, taking questionnaires, data management
- ✓ Access to treatment: 23 inmates received Direct Acting Antivirals in 2016.



#### Methodology

Prospective study:

- All prisoners were offered screening for hepatitis, STIs and tuberculosis between January 2003 and December 2014
- 665 patients were tested positive for HCV, of which 79 were not aware of their infection before prison
- During the study period, the standard of care treatment was daily distribution of Ribavirin and weekly injection of Peg-Interferon

Main Objectives:

- Analyse access to and effectiveness of treatment for hepatitis C in prison in Luxembourg before the Direct Acting Antivirals era
- Determine reinfection rate after discharge from prison (detectable VL after SVR12).



#### **Baseline characteristics**

.,	Mean ± SD	Percentage	Percentage's	Tota
Variables		(%)	95% CI (epitools z-test, wilson interval)	(n)
Age (year)	41.8 ± 8.17			
Treatment period (month)	7.32 ± 4.32			
Follow-up period (Years)	6.08 ± 4.26			
Gender				209
Female		4.3	[2.3 - 8.0]	9
Male		95.7	[92.0 - 97.7]	200
Contamination mode				
IVDU		90.4	[85.7 - 93.7]	189
Tattoo		2.9	[1.3 - 6.1]	6
Sexual		0.9	[0.3-3.4]	2
Coinfections all		7.7	[4.8-12.1]	16
Coinfection HIV		6.2	[3.7-10.3]	13
Coinfection HIV + HBV		0.5	[0.1-2.7]	1
Coinfection HBV		1	[0.3-3.4]	2



OF <b>HEALTH</b> RESEARCH DEDICATED TO LIFE	Variables	Mean ± SD	Percentage	Percentage's 95% CI (epitools z-	Total
			(%)	test, wilson interval)	(n)
LTFU: 17 patients	SVR12		64.6	[57.9 - 70.8]	135
(8.1%) had an	Reinfection all		23.0	(16.7 - 30.7)	31
. ,	Reinfection and SVR		4.4	(2.1 - 9.4)	6
undetectable viral load 3 months	Reinfection and ongoing		18.5	(12.9 - 25.9)	25
after the end of	Treatment failure		19.1	[14.4 - 25.0]	40
the therapy but no	Lost to follow-up all		16.3	[11.9 - 21.9]	34
6 months post-					
treatment sample	Genotype all		91.4	[86.8 - 94.5]	191
was available	Genotype 1		51.8	[44.8 - 58.8]	99
	Genotype 2		1.0	[0.3 - 3.7]	2
Only 13/31	Genotype 3		41.9	[35.1 - 49.0]	80
reinfections were	Genotype 4		6.3	[3.6 - 10.7]	12
confirmed by a change of genotype	Genotype Unknown		7.7	[4.8 - 12.1]	16
	IL28 all				92
	IL28 CC		38.0	[28.8 - 48.3]	35
	IL28 CT		51.1	[41 61.1]	47
	IL28 TT		10.9	[6.0 - 18.9]	10
	IL28 Unknown		56.0	[49.2 - 62.5]	117



### Associations with risk of reinfection

- ✓ HIV co-infection was significantly associated to treatment failure (p = 0.0165) but not to reinfection (p > 0.05)
- No significant association between HCV or IL-28 genotype and reinfection (p > 0.05)
- Logistic regression did not show any significant association between the risk of reinfection and genotype, age, sex or drug usage (OR = 1.02, 1.33, 1.16 respectivement, p> 0.05).



#### Reinfection rate : 5.1 per 100 person-years of follow-up

Among 6 studies on reinfection: 0.8-4.7 per 100 person years of observation Esther J. Aspinall (CID 2013;57:Supplement 2)

Among those with IDU post-treatment: 6.4 per 100 PY (2.5-16.7)

From prison to community:

- ✓ Frequent relapse into drug consumption (national drug consumption room) and risk of rapid reinfection
- ✓ Housing
- ✓ Social security
- ✓ Methadone substitution
- Prevention in prison to avoid reinfection (HIV-berodung for hepatitis, STIs and HIV)

Effective Link to OST prescribers at discharge.





•For 34 réinfections, 29 occured out of prison and were frequently diagnosed at re-admission in prison

- •4 certainly occured in prison; 1 unknown
- •From 2013-2017, we are aware of 7 HCV infections that occured in prison; this is probably an underestimate

•Within a project started 2016, we are now also screening yearly for blood-borne pathogens in those inmates in prison for drug-related offenses who are not infected or previously cured of HCV, as well as at discharge from prison, to find out how frequent new HCV infections in Luxembourg prisons are (we hope low...)

•Some inmates start drug use only in prison, more difficult to reach

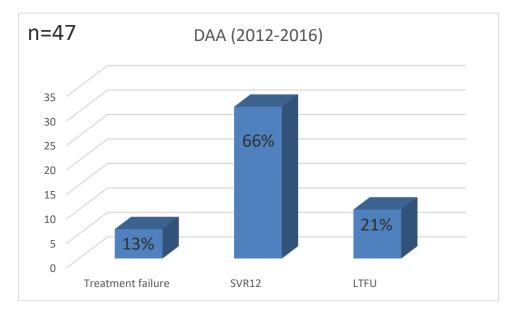


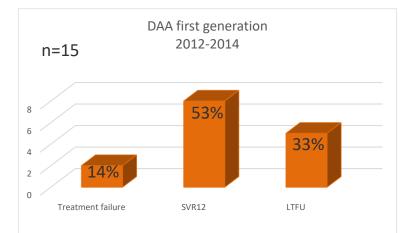
#### Conclusions

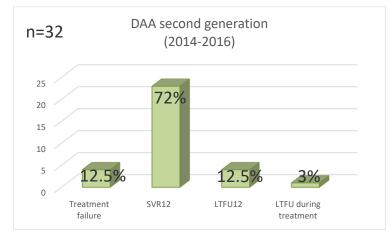
- ✓ A stay in prison is an effective opportunity to treat a group of HCV-infected patients which have otherwise very limited access to therapy
- ✓ Although a good success rate of HCV therapy was observed, the rate of reinfection after discharge from prison was high
- ✓ The arrival of DAA in prison since 2015 should improve therapy outcome. However, a high reinfection risk could compromise its cost-effectiveness (current assessment of reinfection in prison and at discharge)
- Prevention during treatment while patients are in prison as well as link to OST prescribers after discharge of prison should be strengthen.



# Treatment effectiveness with DAA in prison









#### Acknowledgments

Jeanny Meyers, Valérie Klein; infirmerie, CPL

Patrick Hoffman, Division de l'Inspection Sanitaire, Directorate of Health

Dr Alain Origer, National Drug Coordinator, Ministry of Health

Dr Jean-Hugues François, Laboratoire de Biologie Moléculaire, Centre Hospitalier de Luxembourg

HIV Berodung: Natacha da Silva, Laurence Mortier

LIH: Carole Devaux, Aurélie Fischer

Laurence Guillorit, Valérie Etienne, Christine Lambert, Cécile Masquelier, Jean-Yves Servais, Gilles Iserentant.

### ABRIGADO

Fondation Recherche sur le SIDA, Dr Robert Hemmer

de Luxembourg





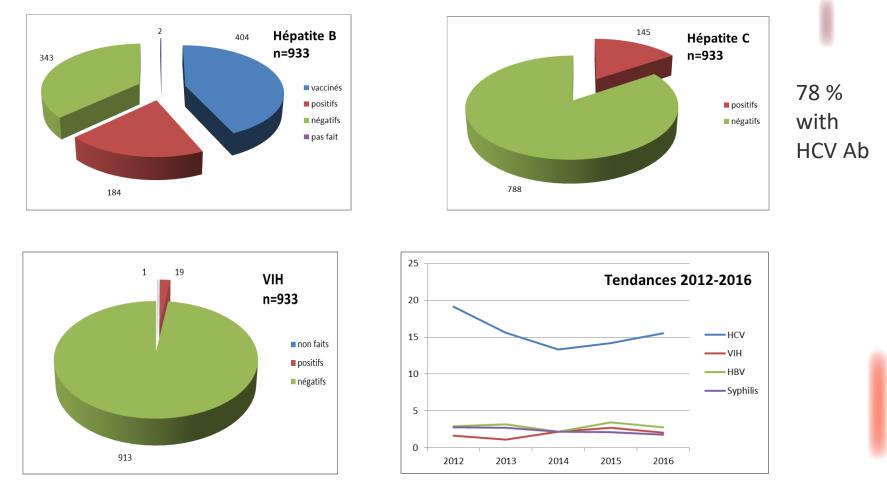
#### **Centres Pénitenciaires Luxembourg**



### Thank you



# Prevalence of transmissible diseases in the 2 prisons of Luxembourg



In 2016, 933 serology tests for HIV, HBV and HCV were performed at entrance (4 coinfected with HCV and HBV, 13 coinfected with HCV/HIV )