

**Master data**

|                             |                             |
|-----------------------------|-----------------------------|
| Last name: [REDACTED]       | Date of birth: [REDACTED]   |
| Program: Erasmus (SMS)      | Study field: Soziale Arbeit |
| Home institution: FRANKFU04 | Host institution: AMSTERD05 |
| Academic year: 2016/2017    | Stay from: 05.09.2016       |
| Stay until: 27.01.2017      | Email: [REDACTED]           |

**Services rendered by the Frankfurt University**

|   |  |
|---|--|
| a) Service of the International Office  | <input type="checkbox"/> Sehr zufrieden <input checked="" type="checkbox"/> zufrieden <input type="checkbox"/> unzufrieden <input type="checkbox"/> sehr unzufrieden |
| b) Service of the Department (Fachbereich)  | <input type="checkbox"/> Sehr zufrieden <input checked="" type="checkbox"/> zufrieden <input type="checkbox"/> unzufrieden <input type="checkbox"/> sehr unzufrieden |
| c) Please comment: What was good? How can the International Office / the Department improve their services in regard to the exchange programme? | I really liked the fast answers, when i was writing an email about questions. I kind of had no problems to get through the whole process.                            |

**Personal and linguistic preparation**

|   |  |
|---|--|
| a) How well were you prepared linguistically for your exchange stay?  | <input type="checkbox"/> sehr gut <input checked="" type="checkbox"/> gut <input type="checkbox"/> schlecht <input type="checkbox"/> sehr schlecht   |
| b) What was your language level in the working language?  | <input type="checkbox"/> A2 <input type="checkbox"/> B1 <input type="checkbox"/> B2 <input checked="" type="checkbox"/> C1 <input type="checkbox"/> C2 <input type="checkbox"/> Muttersprachler                      |
| c) Did you take any preparatory language classes?   | <input checked="" type="checkbox"/> Ja während des Semesters <input type="checkbox"/> Ja einen Intensivkurs an der FRA-UAS <input type="checkbox"/> Ja einen Intensivkurs im Zielland<br><input type="checkbox"/> No |
| d) Did the partner university provide language classes?   | <input type="checkbox"/> Ja während des Semesters <input type="checkbox"/> Ja einen Intensivkurs <input type="checkbox"/> Ja beide Arten <input checked="" type="checkbox"/> No                                      |
| e) How well were you able to follow classes linguistically at the partner institution?  | <input checked="" type="checkbox"/> sehr gut <input type="checkbox"/> gut <input type="checkbox"/> schlecht <input type="checkbox"/> sehr schlecht   |
| f) Please comment: Which language did you use? / Did you use, learn, or improve any other languages? / How did you communicate with your fellow students? | My classes have been in English. I communicate with other students in English too. During my stay i learned a little bit of Dutch.   |

**Accommodation**

- a) Did the host university arrange for accommodation?
- b) How high were your overall monthly costs for accommodation (in Euro)?
- c) How would you describe the quality of your accommodation?
- d) How well was the accommodation situated? How long did it take you on average to reach the partner university (in minutes)?
- e) Which web sites, forums, facebookpages, contacts, etc. can you recommend for looking for accommodation?
- f) Please comment: Where have you been accommodated (name of dormitory, location, part of town, etc.)? How would you describe the surroundings of your accommodation (shopping facilities, distance to the city center, nightlife, etc.)?

Ja in einem Wohnheim  Ja eine privat vermietete Unterkunft  Nein die Möglichkeit bestand nicht

**350**

sehr gut  gut  schlecht  sehr schlecht

**It was very good situated. It took me around 10 minutes by bike to come there.**

**dekey**

**I was with DeKey and located in the center, Kattenburgerstraat. I needed around 5minutes to go grocery shopping, 10 to the university and 10 to the city center, central station and nightlife (all by bike)**

**Arrival at the Partner University and Orientation**

- a) Was an orientation program organized for incoming exchange students?
- b) Were you informed about organizational issues such as visa, insurances, class registration, setting up of e-mail accounts, etc.?
- c) Did the host university offer activities for exchange students throughout the semester?
- d) Judging from your experience, which is the best arrival time?
- e) Please comment: How did you organize your arrival? / Was the extent of the orientation program sufficient? Were all important questions answered? What did you have to find out yourself? / How fast were you able to get in contact with the domestic students? / How were the services for exchange students?

Yes  No

Ja sehr ausführlich  Ja eher oberflächlich  No

Yes  No

**the university had a special offer. It was a day you could do everything at the same place (getting the key for your flat, registration for the city, application for the introduction week..) + they arranged a shuttle to your accommodation.**

**I organized my arrival in Amsterdam by myself but got a shuttle to my flat. The ISN office in Amsterdam was really helpful with questions. It was easy to get in contact with domestic students through the buddy programm and the ISN members.**

**Living Abroad**

- a) Did you open a bank account abroad?
- b) Compared to Frankfurt, how high was the cost of living abroad?
- c) Did the host university provide discounted/free public transportation?
- d) Have you received AuslandsBAFöG?
- f) Which supermarkets, stores, forums can you recommend to lower expenses?
- f) Please comment: What additional expenses did you have during your semester abroad? / How far were you able to travel with your semester ticket? / How was your student life off-campus? / How were the mensas/ student cafeterias? What types of meals were served? How much did the meals cost? / How were the libraries? Was their use free? / Did the university provide computer workplaces/ computer pools? Was Wi-Fi available on-campus? / Were you able to use study rooms? Were you able to rent separate rooms for studying? / Did the university provide a sports program? Was this free of charge?

- Ja das war notwendig  Ja das war praktischer  No  
 Höher mehr als 200%  Höher ca. 200%  Höher ca. 150%  Ähnlich wie in Frankfurt  Geringer ca. 75%  Geringer ca. 50%  Geringer weniger als 50%

- Yes  No

- Yes  No

**Voordelmarkt for good cheese: try not to buy it in the typical cheese stores for tourists around the city center.**

For all your trips with ISN or on your own you have to pay extra. The ISN trips are often a lot fun and you can meet new people. I had no study ticket but with the OV chipcard you could travel the whole Netherlands. When you travel with a domestic dutch student you even can get a 40% discount. The mensas have been nice and the prices are normal. The Netherlands are more expensive than Germany when it comes to food. Typical food was for example frikadelle or bitterballen. The libaries are free to use same for the workplaces and computerpools. You can rent an extra workplace. Wi-Fi is available all over the campus.

**Studying at the Host University**

- a) How satisfied were you with classes at the host university?
- b) How would you describe the academic standard of classes compared to Frankfurt?
- c) Did you experience any difference in teaching methods/ class structure? / Which were the differences regarding your expectations and your experiences at the partner university? What surprised you, what should newly arriving students know? / How were the student services? / Was the fact, that you were an exchange student taken into account (by professors or other staff)? If so, how? / How were difficulties, which you or other exchange students may have met, handled by the partner university?

- Sehr zufrieden  zufrieden  unzufrieden  sehr unzufrieden

- Sehr viel anspruchsvoller  Etwas anspruchsvoller  Ähnlich wie in Frankfurt  Etwas einfacher  Sehr viel einfacher

The minor i took was completely different than in Frankfurt. It was a more personal course and the relationship between students and teachers is different. My minor was just one course with different exams but it was a very nice experience.

**Final Remarks**

a) How satisfied were you with your stay abroad?

Sehr zufrieden  zufrieden  unzufrieden  sehr unzufrieden

b) Which skills were you able to develop during your stay abroad?

my English skills and a different kind of studying and learning in another country

c) Given the same circumstances, would you repeat your stay abroad?

Yes  No

d) Please comment: What should future exchange students know/ do/ avoid? /

How would you overall rate

your exchange experience?

/ In what ways have you

benefitted academically,

personally, linguistically for

your future career?

Be really open to a complete new situation. Don't be afraid to go there on your own. It's easy to meet new people and make friends. An exchange semester is a great experience. Never buy a bike from a person on the street. Go to facebook pages and check there or markets like Waterloopainmarket or rent a bike. There is the store "Rent a Bike" who has a special offer for students

**Additional page:**

Please complete the following sentence: My exchange semester will remain unforgettable because...

i had a really great and fun time. I met so many new people and friends and i love the city of Amsterdam.