

Master data

Last name: [REDACTED]	Date of birth: [REDACTED]
Program: Erasmus (SMS)	Study field: International Finance
Home institution: FRANKFU04	Host institution: SEINAJ006
Academic year: 2016/2017	Stay from: 31.08.2016
Stay until: 31.12.2016	Email: [REDACTED]

Services rendered by the Frankfurt University

<p>a) Service of the International Office</p> <p>b) Service of the Department (Fachbereich)</p> <p>c) Please comment: What was good? How can the International Office / the Department improve their services in regard to the exchange programme?</p>	<p><input type="checkbox"/> Sehr zufrieden <input checked="" type="checkbox"/> zufrieden <input type="checkbox"/> unzufrieden <input type="checkbox"/> sehr unzufrieden</p> <p><input type="checkbox"/> Sehr zufrieden <input type="checkbox"/> zufrieden <input checked="" type="checkbox"/> unzufrieden <input type="checkbox"/> sehr unzufrieden</p> <p>Organisation was really good and helpful. I can only say that the communication Coordinator of the department - Student could be improved. I had some problems with my LA and I couldn't communicate with my coordinator.</p>
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Personal and linguistic preparation

<p>a) How well were you prepared linguistically for your exchange stay?</p> <p>b) What was your language level in the working language?</p> <p>c) Did you take any preparatory language classes?</p> <p>d) Did the partner university provide language classes?</p> <p>e) How well were you able to follow classes linguistically at the partner institution?</p> <p>f) Please comment: Which language did you use? / Did you use, learn, or improve any other languages? / How did you communicate with your fellow students?</p>	<p><input type="checkbox"/> sehr gut <input checked="" type="checkbox"/> gut <input type="checkbox"/> schlecht <input type="checkbox"/> sehr schlecht</p> <p><input type="checkbox"/> A2 <input type="checkbox"/> B1 <input type="checkbox"/> B2 <input checked="" type="checkbox"/> C1 <input type="checkbox"/> C2 <input type="checkbox"/> Muttersprachler</p> <p><input type="checkbox"/> Ja während des Semesters <input type="checkbox"/> Ja einen Intensivkurs an der FRA-UAS <input type="checkbox"/> Ja einen Intensivkurs im Zielland <input checked="" type="checkbox"/> No</p> <p><input checked="" type="checkbox"/> Ja während des Semesters <input type="checkbox"/> Ja einen Intensivkurs <input type="checkbox"/> Ja beide Arten <input type="checkbox"/> No</p> <p><input checked="" type="checkbox"/> sehr gut <input type="checkbox"/> gut <input type="checkbox"/> schlecht <input type="checkbox"/> sehr schlecht</p> <p>Mostly I used English and I also improved my Spanish with the Erasmus Students from Spain.</p>
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Accommodation

<p>a) Did the host university arrange for accommodation?</p> <p>b) How high were your overall monthly costs for accommodation (in Euro)?</p> <p>c) How would you describe the quality of your accommodation?</p> <p>d) How well was the accommodation situated? How long did it take you on average to reach the partner university (in minutes)?</p> <p>e) Which web sites, forums, facebookpages, contacts, etc. can you recommend for looking for accommodation?</p> <p>f) Please comment: Where have you been accommodated (name of dormitory, location, part of town, etc.)? How would you describe the surroundings of your accommodation (shopping facilities, distance to the city center, nightlife, etc.)?</p>	<p><input checked="" type="checkbox"/> Ja in einem Wohnheim <input type="checkbox"/> Ja eine privat vermietete Unterkunft <input type="checkbox"/> Nein die Möglichkeit bestand nicht</p> <p>400</p> <p><input checked="" type="checkbox"/> sehr gut <input type="checkbox"/> gut <input type="checkbox"/> schlecht <input type="checkbox"/> sehr schlecht</p> <p>The Student House is situated in front of the university, that means you don't need transport to go there just 5 minutes walking.</p> <p>http://www.marttilankortteeri.fi/ or Facebook group https://www.facebook.com/groups/589502804560582/</p> <p>I lived in Marttilan Student House and it was very good situated. The dormitory was exactly in front of the university and you didn't any transports to go there, just 5 minutes walking. It was very peaceable living there and it is also close to the city center and there are many shops around.</p>
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Arrival at the Partner University and Orientation

<p>a) Was an orientation program organized for incoming exchange students?</p> <p>b) Were you informed about organizational issues such as visa, insurances, class registration, setting up of e-mail accounts, etc.?</p> <p>c) Did the host university offer activities for exchange students throughout the semester?</p> <p>d) Judging from your experience, which is the best arrival time?</p> <p>e) Please comment: How did you organize your arrival? / Was the extent of the orientation program sufficient? Were all important questions answered? What did you have to find out yourself? / How fast were you able to get in contact with the domestic students? / How were the services for exchange students?</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><input checked="" type="checkbox"/> Ja sehr ausführlich <input type="checkbox"/> Ja eher oberflächlich <input type="checkbox"/> No</p> <p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>If you are living in Marttilan dormitory is better that you arrive during the week Mo.-Fr. till 4 pm, because you the have to pick up your keys by the Housing office.</p> <p>All information what I had collected in the orientation program were enough to organize my departure. However I entered in contact with a student who was already in Seinäjoki last semester and he gave me advices about the exchange program and the travel. My host university also gave us tutors so we could get fast contact with the domestic students.</p>
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Living Abroad

a) Did you open a bank account abroad?

Ja das war notwendig Ja das war praktischer No

b) Compared to Frankfurt, how high was the cost of living abroad?

Höher mehr als 200% Höher ca. 200% Höher ca. 150% Ähnlich wie in Frankfurt Geringer ca. 75% Geringer ca. 50% Geringer weniger als 50%

c) Did the host university provide discounted/free public transportation?

Yes No

d) Have you received AuslandsBAFöG?

Yes No

f) Which supermarkets, stores, forums can you recommend to lower expenses?

Lidl, Anttila and Alko.

f) Please comment: What additional expenses did you have during your semester abroad? / How far were you able to travel with your semester ticket? / How was your student life off-campus? / How were the mensas/ student cafeterias? What types of meals were served? How much did the meals cost? / How were the libraries? Was their use free? / Did the university provide computer workplaces/ computer pools? Was Wi-Fi available on-campus? / Were you able to use study rooms? Were you able to rent separate rooms for studying? / Did the university provide a sports program? Was this free of charge?

If you want travel or participate to the activities organized by the host university you have to count with many additional expenses. The Lapland trip for example costs around 340 euros. Traveling was facilitated by the student card you buy in the Samo Office. With this card you obtain a discount for every train ticket in all Finland. In the time we were not traveling the life in Campus was enjoyable, you could eat in the cafeteria or rest in the nice lounge inside the BA building. Wifi was available in the whole campus. In the case you need more silence to study you were able to use many study rooms and all these rooms were really good equipped. Student Cafeteris was really cheap. Most of the time Erasmus students spent their afternoons there, by learning, discussing projects or just entertaining. In the free time you could also enjoy many sports activities offered from the University.

Studying at the Host University

a) How satisfied were you with classes at the host university?

Sehr zufrieden zufrieden unzufrieden sehr unzufrieden

b) How would you describe the academic standard of classes compared to Frankfurt?

Sehr viel anspruchsvoller Etwas anspruchsvoller Ähnlich wie in Frankfurt Etwas einfacher Sehr viel einfacher

c) Did you experience any difference in teaching methods/ class structure? / Which were the difference regarding your expectations and your experiences at the partner university? What surprised you, what should newly arriving students know? / How were the student services? / Was the fact, that you were an exchange student taken into account (by professors or other staff)? If so, how? / How were difficulties, which you or other exchange students may have met, handled by the partner university?

Final Remarks

a) How satisfied were you with your stay abroad?

Sehr zufrieden zufrieden unzufrieden sehr unzufrieden

b) Which skills were you able to develop during your stay abroad?

Communication Organization Integration with new cultures Professional skills regarding a new branch (IBA) Strong Confidence in myself

c) Given the same circumstances, would you repeat your stay abroad?

Yes No

d) Please comment: What should future exchange students know/ do/ avoid? / How would you overall rate your exchange experience? / In what ways have you benefitted academically, personally, linguistically for your future career?

Additional page:

Please complete the following sentence: My exchange semester will remain unforgettable because...

I had the opportunity to know people around the world and improve many skills.

Upload Pictures

A picture is worth a thousand words: Here you have the opportunity to upload up to 5 photos (jpeg). You must have taken the photos yourself and agree that the International Office uses them for advertising purposes (on the website, in brochures, flyers, by name of photographer).

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Foto für Erfahrungsbericht

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